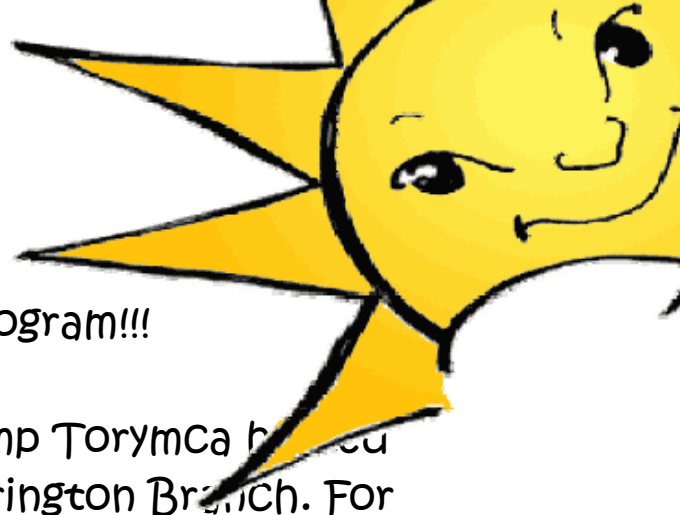


Welcome to the Camp Torymca  
Summer program!!!



Welcome to our first year of Camp Torymca here at the Northwest CT YMCA Torrington Branch. For those of you who are joining us for the first time or whether you a returning camper we look forward to this upcoming 2009 Summer Season with you. We have designed our summer program to be a fine combination of Traditional camp & New innovative electives all of which are chosen on a weekly basis.

This year let us share a little information about our staff and our program. Throughout our staff we carry a variety of great qualities. Each of our staff members is educated in Early Childhood Education or has expressed an interest in a Creative exploration with children and has mastered the art of silliness. We have singers, dancers, artists, multilingual, sports management, and future elementary school teachers. As always Camp Torymca counselors' are American Red Cross certified in CPR and First Aid. We're sure your child will connect with each and every one of our Counselors.

The summer is designed to be an exciting adventure for your child and our staff. We have planned many field trips throughout the summer for every child's enjoyment. Field trips are set up for Tuesdays and/or Thursdays. Please note that if you don't want your child to participate in one or more of our planned fieldtrips you will need to make other

arrangements for alternate care as we cannot staff for individual care. The dates and other important information on each field trip are provided further in this packet.

**Each day** your child should have a bagged lunch, clean towel & swimsuit, as well as a water bottle. We also suggest sunscreen and/ or bug spray as we will be outdoors for much of the day.

As a YMCA program member, your child will have access to the entire facility, this includes the gym, Racquetball room, our rec. room equipped with Foosball, Air hockey, Wii, Pool table, electronic basketball hoops and more. We hope these activities will become an enjoyable addition to our program.

We have set up the summer with a combination of both Traditional Camp activities i.e hiking, fishing, boating, nature, etc. In addition your child will choose **electives**, such as large group sports, cheer, video gaming, dance, rocketry & journalism. Just to name a few.

**Swimming** will consist both of free and instructional activity that each child will have an opportunity to participate in. Because your child's safety is of the utmost importance to us, we have made arrangements to have extra staff on board for all aquatics activities. In order to insure extra safety, your child is not automatically entitled to deep end privileges. A deep end test is required and given by our staff. This allows a fun way to interact with peers and a great way to cool down in the summer heat. Swim suits and towels will be required everyday and **NOT**

provided. Please be reminded that all towels and suits must be taken home daily!!

Along with our planned field trips and weekly excursions to our local State parks, We will be going on off-site walks to parks and playgrounds in our local area. We will be giving your child the opportunity to experience Torrington and its historical landmarks in a positive way.

In conjunction with our summer program, local businesses have assisted in implementing a downtown scavenger hunt designed to enhance your child's awareness, appreciation and understanding of our local community. Our hope is that your child will have a fun, safe and exciting summer experience.

Thank you for giving us this opportunity to work with your children-

Camp Tormyca Staff

# Camp Torymca 2009

## Parent Handbook

### Helpful information for parents of Campers

The Northwest CT YMCA welcomes you to its premier day camp – Camp Torymca! Our camp staff is looking forward to safe and fun summer with our day campers

We ask that you **PLEASE READ AND SHARE WITH YOUR CHILD ALL OF THE INFORMATION IN THIS HANDBOOK** to help us provide a safe and fun summer for your child.

### **WHAT TO BRING TO CAMP:**

Campers should bring to camp the following items everyday: Lunch in a paper bag or insulated cooler labeled with name and unit; Sneakers (no sandals); T-shirt, towel, sunblock bathing suit, insect repellent, sweatshirt and raincoat for cool or wet days. Please label all items with camper's full name. A backpack is helpful because children travel about throughout the day.

### **STAFF**

They have all been carefully selected and have participated in our YMCA counselor staff training program so that we may provide your child with a safe, fun, and enjoyable summer. Certified Lifeguards/swim instructors will direct all the swimming sessions for our

campers. We do criminal background checks for all YMCA employees. We staff 1 staff member per 6-10 campers. This is the State of CT requirement.

## WHAT TO KEEP AT HOME

We encourage campers to learn to be responsible for their own belongings. We believe that certain items are best left at home to maximize your camper's experience. Campers may not bring cell phones, ipods, walkmans, computer games, trading cards, personal sports equipment, animals, matches, fireworks, or knives. Any camper who brings weapons to camp will be suspended immediately. Camp Torymca is a drug/alcohol and tobacco free facility. Any camper found with tobacco, drugs, or alcohol will be immediately suspended from camp. We are also interested in keeping a clean, healthy, image at our camp. Clothing with messages referring to tobacco, drugs, alcohol, or sex are not permitted. The YMCA is not responsible for campers' lost or broken items.

## CAMP HOURS

Torymca day camp runs from 9:00AM -4:00PM Monday through Friday. Camper care both before & after are available for an additional charge.

Before Camp Care starts at 6:30AM After Camp Care YMCA ends promptly at 6:00PM

## LOST & FOUND:

A lost and found box will be located behind the front desk. Every effort will be made to find the owners of the lost items. Please assist us by having your child's name on everything they bring to camp.

## TRANSPORTATION:

In order for your child to ride the bus, the bus registration portion of the Camper registration form should have been filled out. If this information was not filled out, or has changed since registration, please contact our camp registrar 860-489-3133 ext136

□ Enclosed in this packet are several health forms and one discipline form.

Campers will not be allowed to enter camp without all completed paperwork.

□ The State of Connecticut mandates that all children must have a completed physical exam within 2 years prior to the start of camp. If your child is currently in our childcare during the school year, you will not need to return a physical, however all remaining forms must be completed.

□ Campers are responsible to bring a bag lunch each day. Lunch coolers need to be labeled with child's name. Campers should plan to bring extra snacks and drinks if they are staying for extended care.

□ Camp is held rain or shine. Staff will try to provide the same regularly scheduled activities, but modify them for the weather conditions. Please pack a poncho or rain gear with your camper on these days.

□ All campers will be dropped off for the “basic” camp day (9:00AM-4:00PM) at the Mason Street entrance. Please have campers promptly at the Torrington YMCA between 8:50-9:05AM. For the safety of the campers, we request that you pull up to the Mason Street Drop off area and our staff will be there to welcome your child and check off his/her attendance. During pick-up time, parents/guardians need to remain in their cars and their child will be brought to their vehicle in the order of how the cars arrive. Please have a picture ID available upon pick up of your camper. Pick-up time is promptly at 4:00PM.

□ Campercare is available from 6:30AM-8:55AM and 4:00PM-6:00PM. If your child is sign-up for Campercare, then the child will need to be escorted in and out of the YMCA, due to the sporadic time that children arrive and depart during this time.

□ If two campers would like to be placed together and are entering the same grade please print on the bottom of the registration from whom your child would like to be with. Camp Torrington YMCA will try to the best of their ability to accommodate those requests when possible.

□ If your child needs medication administered during the day, please request an Authorization to Administer Medication Form.

**Northwest CT YMCA Camp Torymca Program**  
Emergency Contact Information

Child's Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Please list all possible pickups and emergency contacts including parents and / or guardians

1. Name: \_\_\_\_\_  
Phone (home): \_\_\_\_\_  
Phone (cell): \_\_\_\_\_

Relationship: \_\_\_\_\_  
Phone (work): \_\_\_\_\_  
Authorized pick up? Yes No  
Emergency Contact? Yes No

2. Name: \_\_\_\_\_  
Phone (home): \_\_\_\_\_  
Phone (cell): \_\_\_\_\_

Relationship: \_\_\_\_\_  
Phone (work): \_\_\_\_\_  
Authorized pick up? Yes No  
Emergency Contact? Yes No

3. Name: \_\_\_\_\_  
Phone (home): \_\_\_\_\_  
Phone (cell): \_\_\_\_\_

Relationship: \_\_\_\_\_  
Phone (work): \_\_\_\_\_  
Authorized pick up? Yes No  
Emergency Contact? Yes No

4. Name: \_\_\_\_\_  
Phone (home): \_\_\_\_\_  
Phone (cell): \_\_\_\_\_

Relationship: \_\_\_\_\_  
Phone (work): \_\_\_\_\_  
Authorized pick up? Yes No  
Emergency Contact? Yes No

5. Name: \_\_\_\_\_  
Phone (home): \_\_\_\_\_  
Phone (cell): \_\_\_\_\_

Relationship: \_\_\_\_\_  
Phone (work): \_\_\_\_\_  
Authorized pick up? Yes No  
Emergency Contact? Yes No

**Medical Information:** Please list any allergies your child has, as well as any medical or psychological conditions. (This information is for staff use only and will not be shared or result in exclusion from the program.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician: \_\_\_\_\_  
Dentist: \_\_\_\_\_  
Insurance provider: \_\_\_\_\_  
Phone: \_\_\_\_\_

Phone: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Policy #: \_\_\_\_\_

# DISCIPLINE POLICY

For the safety and comfort of all campers and staff, campers are expected to behave by the following code:

- Keep your hands to yourself (no hitting, throwing things, pushing or touching).
- Be respectful of other people (no name calling/teasing, swearing or spitting).
- Be cooperative with staff (no temper tantrums, disrupting games or leaving the group without permission).

In the event of a behavior problem .....

1. The Counselor will fill out the 1<sup>st</sup> section of a Camper Warning Form. Each form has 3 sections listing an incident and description, camper signature & counselor signature.

If in 1 day a camper has 3 incidents .....

2. The Counselor will send the camper and the completed Camper Warning Form to the office. The camper will have time out at the office. The Camp Director will call the parents to arrange a meeting.

If the problem continues after the parent has been notified.

3. The Camp Director may request that the child be kept home for 1 day or be withdrawn for the remainder of the program. No refund will be given.

In the event of a severe problem such as fighting or injury to another camper or staff member, parents will be notified to immediately withdraw their child. No Refund will be given.

**Parent Signature** \_\_\_\_\_

**I have read the above Discipline Policy and will review its conditions with my child.**

## *Northwest YMCA 2009 Camp Tormyca*

**Camper name:** \_\_\_\_\_  
Street \_\_\_\_\_  
Town \_\_\_\_\_  
Age \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
Phone \_\_\_\_\_ Gender (circle) Male Female  
Grade entering in Fall 2009 \_\_\_\_\_ School \_\_\_\_\_

**Mother/Guardian** \_\_\_\_\_  
Address (if different) \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_

**Father/Guardian** \_\_\_\_\_  
Address (if different) \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_

**Returning Camper?** Yes \_\_\_ No \_\_\_ Family e-mail \_\_\_\_\_

How did you hear about camp? (circle) News paper Ad Poster Radio YMCA flyer Television From a friend  
Other please describe \_\_\_\_\_

### **Emergency Contact Information**

Tormyca day is authorized to phone any of the persons listed below in an emergency. Other than authorized parents listed above, the people listed below may pick up this camper from camp. Expect to show photo I.D. at the time of pickup.

Name	Day Time Phone	Relationship
1. _____	_____	_____
2. _____	_____	_____

### **Parent Agreement**

I approve this application and certify that the proposed camper is capable of such an experience. I understand that camp Tormyca may dismiss without refund any camper that disrupts the group violates safety rules. I agree to have the medical form completed by a physical to include 3 years prior to the beginning of camp. I understand that state laws prohibit my child from attending camp without a medical form. I also agree to pay the balance of the camp fees by their due date and that any monies will be considered according to the refund policy only. I understand that if my family balance is not paid by the designated dates, my child (ren) will not be allowed to attend camp.

I understand that although the Tormyca/YMCA will use care in the selection of transportation and services and will exercise precautions for the safety of all participants and their personal property, there are certain risks inherent in a number of Tormyca/YMCA activities and programs. I understand the nature of these programs and accept the risks involved in such activities. I agree to release Tormyca/Ymca and their agents of any liability and responsibility for any loss of damage to property or personal injury incurred by my child while participating in the Tormyca/Ymca program.

named on this application as may be needed for its records or public relations purposes. I understand that it is my responsibility to pick-up/ drop off my child at the appointed time(s) each day, unless permission is granted otherwise.

Permission is granted for the applicant to participate in all planned camp activities and programs, including off site trips, understanding competent leadership will be provided, to receive emergency medical attention, and for the Ymca to take, have, and use photographs, slides, moving pictures, or video tapes of the person

Parent/guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

For office use Only

## Abuse and Neglect Policy-

Our staff will treat each child as a unique individual with kindness and respect, in a caring manner. We will try to help each child feel secure and happy while in our care. All children have the right to be free from abuse or neglect. The staff of the Northwestern YMCA Summer Camp is responsible for ensuring that allegations of abuse or neglect are reported immediately to the Department of Children and Families (DCF). Camp staff members are mandated reporters, and as mandated reporters they, as individuals, are required to report directly to DCF when they suspect abuse or neglect. Anyone who reports suspected child abuse or neglect in good faith is immune from civil and criminal liability.

What is abuse and neglect? Child abuse is the non-accidental physical or mental injury, sexual abuse or negligent treatment of a child under the age of 18 by a person responsible for the child's welfare. Forms of abuse include:

**Physical abuse:** injuring a child by shacking, beating, burning, or other similar acts.

**Sexual abuse:** engaging in sexual behavior with a child or allowing sexual exploitation of a child.

**Emotional abuse:** excessive belittling, teasing or berating which impairs the psychological growth of a child.

**Neglect:** failing to provide for a child's basic needs (I.E. Food, clothing, shelter, hygiene, education, medical care and supervision)

Although any type of maltreatment may be found alone, they often occur in combination. For example, a physically abused child commonly suffers from emotional abuse as well.