



June 29, 2009 -
August 14, 2009

EDUCATION CONNECTION SUMMER FOOD SERVICE PROGRAM

All milk served
will be 1/2 pint.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Menu Subject to Change for more information please call: (860)567 - 0863 x 128</p> <p>In accordance with Federal law and the U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs.)</p> <p>To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). "USDA is an equal opportunity provider and employer."</p>	<p>29 CHEF'S SALAD 100% ASSORTED FRUIT JUICE DICED MIXED FRUIT PINK & WHITE ANIMAL CRACKERS MILK</p>	<p>30 HAM AND CHEESE SANDWICH CARROT STICKS 100% FRUIT PUNCH CRUNCHY APPLE MILK</p>	<p>1 BOLOGNA & CHEESE on WHEAT BREAD CUCUMBER SLICES 100% ORANGE JUICE WHOLE GRAIN PHYSEDBLES MILK</p>	<p>2 TURKEY & CHEESE on WHEAT BREAD CARROT STICKS ASSORTED FRUIT CUP GOLDFISH GRAHAMS MILK</p>	<p>3 HOLIDAY WEEKEND NO LUNCH SERVED</p>	<p>4 FOOD ALLOWANCES for LUNCH Sandwiches, subs, pitas, etc. will contain 2oz. of meat, or cheese, or combination of meat & cheese.</p>
	<p>6 CHEF'S SALAD 100% ASSORTED FRUIT JUICE DICED MIXED FRUIT PINK & WHITE ANIMAL CRACKERS MILK</p>	<p>7 HAM AND CHEESE SANDWICH CARROT STICKS 100% FRUIT PUNCH CRUNCHY APPLE MILK</p>	<p>8 BOLOGNA & CHEESE on WHEAT BREAD CUCUMBER SLICES 100% ORANGE JUICE WHOLE GRAIN PHYSEDBLES MILK</p>	<p>9 TURKEY & CHEESE on WHEAT BREAD CARROT STICKS ASSORTED FRUIT CUP GOLDFISH GRAHAMS MILK</p>	<p>10 TUNA BOAT (tuna on hot dog roll) TINY TWIST PRETZEL 100% ASSORTED JUICE ORANGE WEDGES MILK</p>	<p>Roll size, for sandwiches will equal at least 2oz. whole wheat bread will be served.</p> <p>Mayonnaise will be served with sandwiches</p>
	<p>13 CHEF'S SALAD 100% ASSORTED FRUIT JUICE DICED MIXED FRUIT PINK & WHITE ANIMAL CRACKERS MILK</p>	<p>14 HAM AND CHEESE SANDWICH CARROT STICKS 100% FRUIT PUNCH CRUNCHY APPLE MILK</p>	<p>15 BOLOGNA & CHEESE on WHEAT BREAD CUCUMBER SLICES 100% ORANGE JUICE WHOLE GRAIN PHYSEDBLES MILK</p>	<p>16 TURKEY & CHEESE on WHEAT BREAD CARROT STICKS ASSORTED FRUIT CUP GOLDFISH GRAHAMS MILK</p>	<p>17 TUNA BOAT (tuna on hot dog roll) TINY TWIST PRETZEL 100% ASSORTED JUICE ORANGE WEDGES MILK</p>	<p>Milk: whole, & lo-fat chocolate will be served for lunch.</p> <p>Fruit: 100% fruit juices: apple, orange, fruit punch.</p>
	<p>20 CHEF'S SALAD 100% ASSORTED FRUIT JUICE DICED MIXED FRUIT PINK & WHITE ANIMAL CRACKERS MILK</p>	<p>21 HAM AND CHEESE SANDWICH CARROT STICKS 100% FRUIT PUNCH CRUNCHY APPLE MILK</p>	<p>22 BOLOGNA & CHEESE on WHEAT BREAD CUCUMBER SLICES 100% ORANGE JUICE WHOLE GRAIN PHYSEDBLES MILK</p>	<p>23 TURKEY & CHEESE on WHEAT BREAD CARROT STICKS ASSORTED FRUIT CUP GOLDFISH GRAHAMS MILK</p>	<p>24 TUNA BOAT (tuna on hot dog roll) TINY TWIST PRETZEL 100% ASSORTED JUICE ORANGE WEDGES MILK</p>	<p>Seasonal fresh fruits: watermelon, cantalope, oranges, Banana, apples.</p>
	<p>26 Chef's Salad Fresh mixed greens, cukes & carrots = 1 cup Tuna = 2 oz. Cheese = 1/2 oz.</p>	<p>27 CHEF'S SALAD 100% ASSORTED FRUIT JUICE DICED MIXED FRUIT PINK & WHITE ANIMAL CRACKERS MILK</p>	<p>28 HAM AND CHEESE SANDWICH CARROT STICKS 100% FRUIT PUNCH CRUNCHY APPLE MILK</p>	<p>29 BOLOGNA & CHEESE on WHEAT BREAD CUCUMBER SLICES 100% ORANGE JUICE WHOLE GRAIN PHYSEDBLES MILK</p>	<p>30 TURKEY & CHEESE on WHEAT BREAD CARROT STICKS ASSORTED FRUIT CUP GOLDFISH GRAHAMS MILK</p>	<p>31 TUNA BOAT (tuna on hot dog roll) TINY TWIST PRETZEL 100% ASSORTED JUICE ORANGE WEDGES MILK</p>



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	<p>CHEF'S SALAD 100% ASSORTED FRUIT JUICE DICED MIXED FRUIT PINK & WHITE ANIMAL CRACKERS MILK</p>	<p>HAM AND CHEESE SANDWIC CARROT STICKS 100% FRUIT PUNCH FARM FRESH APPLE MILK</p>	<p>BOLOGNA & CHEESE on WHEAT BREAD CUCUMBER SLICES 100% ORANGE JUICE WHOLE GRAIN PHYSEDIBLES MILK</p>	<p>TURKEY & CHEESE on WHEAT BREAD CARROT STICKS ASSORTED FRUIT CUP GOLDFISH GRAHAMS MILK</p>	<p>TUNA BOAT (tuna on hot dog roll) TINY TWIST PRETZEL 100% ASSORTED JUICE ORANGE WEDGES MILK</p>	8	<p>FOOD ALLOWANCES for LUNCH</p> <p>Sandwiches, subs, pitas, etc. will contain 2oz. of meat, or cheese, or combination of meat & cheese.</p> <p>Roll size, for sandwiches will equal at least 2oz. whole wheat bread will be served.</p> <p>Mayonnaise will be served with sandwiches</p> <p>Milk: whole, & lo-fat chocolate will be served for lunch.</p>
	10	11	12	13	14	14	<p>Seasonal fresh fruits: watermelon, cantalope, oranges, Banana, apples.</p> <p>assorted fruit in fresh syrup: sliced peaches, pineapple tidbit, applesauce, pears, diced mixed fruit</p> <p>The serving size for all veggies and juice will be 4oz.</p>
17	18	19	20	21	21	21	
		<p>"ENJOY YOUR SUMMER"</p>					
22	25	26	27	27	28	28	