

Northwestern CT YMCA-Winsted Branch Pool Schedule Summer 2009

Day	Lane	Time																												
		6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00
Monday	1	Family/Open Swim																												
	2	Family/Open Swim																												
	3	Family/Open Swim																												
	4	Family/Open Swim																												
	5	Family/Open Swim																												
	6	Family/Open Swim																												
Tuesday	1	Family/Open Swim																												
	2	Family/Open Swim																												
	3	Family/Open Swim																												
	4	Family/Open Swim																												
	5	Family/Open Swim																												
	6	Family/Open Swim																												
Wednesday	1	Family/Open Swim																												
	2	Family/Open Swim																												
	3	Family/Open Swim																												
	4	Family/Open Swim																												
	5	Family/Open Swim																												
	6	Family/Open Swim																												
Thursday	1	Family/Open Swim																												
	2	Family/Open Swim																												
	3	Family/Open Swim																												
	4	Family/Open Swim																												
	5	Family/Open Swim																												
	6	Family/Open Swim																												
Friday	1	Family/Open Swim																												
	2	Family/Open Swim																												
	3	Family/Open Swim																												
	4	Family/Open Swim																												
	5	Family/Open Swim																												
	6	Family/Open Swim																												
Saturday	1	Family/Open Swim																												
	2	Family/Open Swim																												
	3	Family/Open Swim																												
	4	Family/Open Swim																												
	5	Family/Open Swim																												
	6	Family/Open Swim																												
Sunday	1	Family/Open Swim																												
	2	Family/Open Swim																												
	3	Family/Open Swim																												
	4	Family/Open Swim																												
	5	Family/Open Swim																												
	6	Family/Open Swim																												



Lap Swim - Swimmers must be 13 yrs of age and swim full pool lengths continuously. "Circle Swimming" rules apply when two or more swimmers share a lane. Please allow faster swimmers to pass when necessary. All lanes are open for lap/fitness swim, except when otherwise designated.

Family/Open Swim- Open to adults and children. 1-3 lanes may be designated for lap swim, while other lanes will be open for non-lap swimming. **An adult must accompany children under the age of 13.**

Schedule subject to change. Please check with the Member Services Desk